



Reeceville Elementary School
248 Reeceville Rd, Coatesville, PA 19320
Mrs. Catherine Van Vooren, Principal
Phone: 610-389-3785 FAX: 610-389-3789
WEBSITE www.coatesvillek12.paus/webs/rv



Reeceville Elementary

NOVEMBER 2013

School Calendar

November

- 5 No School for Students
- 6 PTA Meeting - 7:00 PM
- 7 5th gr. To VA - 1 - 2:30 PM
- 8 Fall Class Parties/Walk-a-Thon
- 13 PTA School Store
- 14 PTA School Store
- 5th gr. To VA 1— 2:30 PM
- 15 Girl Scout Family Dance 5-10 PM
- 20 Father's Breakfast 7:15 AM
- 21 5th gr. to VA - 1 - 2:30 PM
- Barnes & Noble Night (7:00 PM)
- 25 Picture Retakes
- Stop Bullying Assembly (1:30 PM)
- 25/26 Parent/Teacher Conferences
- from (4:30-8:00 PM)
- 27-29 No School—Thanksgiving Holiday

December

- 4 PTA Meeting - 7:00 pm
- 4-6 Holiday Secret Shop
- 10 2nd Grade to Dutch Apple Theater
- 11 PTA School Store
- 12 PTA School Store
- 13 5th gr. to VA - 1 - 2:30 pm
- 14 Science Fair Awards Assembly
- 18 Staff Treat Day
- 20 Holiday Class Parties
- 23 - Jan 3 Winter Break
- 6 School Back in Session

OPERATION THANKSGIVING

Reeceville School will again show their support for our community by supporting Operation Thanksgiving! Please bring in canned goods or boxed food items no later than **November 13th.**



We hope that each Reeceville student will donate **(2) canned or boxed food items.** We have been asked to provide Stuffing, Instant Potatoes, String Beans, Peas, Corn, Cranberry Sauce, Canned Sweet Potatoes or Canned Fruit Cocktail. **Our goal is two items from each student. If we meet our goal (1,104 food items) we will have a School Wide Movie Time!**

Bring your food items to your classroom. Look for "Tom Turkey" in the cafeteria and watch his feathers to see if we can meet our goal!

SCIENCE FAIR

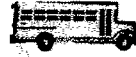
Reeceville's Science Fair is scheduled for **January 10, 2013 (snowdate January 13th)**

DON'T FORGET PARENT/TEACHER CONFERENCES ARE
November 25th & 26th from 4:30 to 8:00 PM
SIGN UP ONLINE
http://www.ptcfast.com/schools/Reeceville_Elementary_School


Picture Make-up Day

Monday, November 25th





Riding the Bus

I realize as the air turning crisp, many of our students have developed the “ants in the pants” syndrome . That being said, it is very important to go over the rules and expectations when riding the bus with your child. Generally, all students must obey and cooperate with the bus driver; remain seated, facing forward, in their assigned seats; and always abide by the school rules. Should these procedures not be followed, the bus drivers will issue a bus misconduct form. Upon receipt of that form, the following disciplinary action may possibly occur:

1st Offense: Warning

2nd Offense: Three (3) day suspension from riding the bus

3rd Offense: Five (5) day suspension from riding the bus

4th Offense: One (1) month suspension from riding the bus

5th Offense: A possible year suspension from riding the bus

During any bus suspension, parents and or guardians are expected to provide transportation for their child. Students who fail to attend school during that time will be marked illegally absent. Remember, as it is stated in the elementary code of student conduct, “School bus transportation is a privilege. It can be denied to any student who jeopardizes anyone.” ***Safety of all students is our priority.*** 😊

Thank you and have a wonderful thanksgiving!

Catherine Van Vooren, Principal



Student Recognition

*Congratulations to the following students
who have received recognition in the
following areas for the month of October!*

Good Citizenship K-5

Kindergarten: Paola Marcucci Santiago, Greyson Miller, Christian Chapman, Dylan Jeffers, Madeline Wilson, Lilly McNabb, Riley Burns, Jorge Baez-Maldonado

First Grade: Ryder Miller, Joseph Russell, Aubrey Ward, Brandon Bolanos, Antonio Cracchiolo, Roxanne Boyer, Jazzmin Waldrop, Sage Ettien

Second Grade: Fancy Wah, Ingrid Galarza, Betsy Flores, Samuel Campos, Jackson Fox, Barbara Thomas-Hoskins, Edwin Hernandez, Jacquelin Franco-Rea

Third Grade: Linwood Smith, Yara Maaty, Spencer Ferguson, Jennifer McNally, Erin Whiteman, Kyle Quackenbush, Stephanie Franco-Rea, Jack Kendra

Fourth Grade: Taylor Montoro, Ulises Maldonado, Lily Hoover, Roderigo Castanada, Brynn Wolf, Sophia Given

Fifth Grade: Emily Chung, Anthony Abarca, Victoria Clark, Julia Brown, Michael McVeigh, Lauren Muirhead

Kindergarten Good Worker Award

Hailey Sharpless, Ashley Flores, Shane Monaghan, Ashley Hanak

First Grade Following Rules

Yu-Gen Jacobs, Sincere Thompson-Craig, Alexandra Pabon, Alex Martinez

Second - Fifth Grade Mathematics Award

Second Grade: Evan Byerley, Tymir Royal, Alexandria Pera, Dajamere Bailey

Third Grade: Scarlett Shaeffer, Riley Battin, Will McLorie, Derrick Bauditch

Fourth Grade: Matthew McVeigh, Mike Estes, Chad Henhoeffler

Fifth Grade: Davin Domurat, Sarah McManamon, Miles Bryant

Outstanding Achievement in Music

Kindergarten: Dylan Jeffers, Caleb Campos, Amer Madanat, Fiyah Washington

First Grade: Catalina Carr, Lesley Velasquez, Roxanne Boyer, Lauren Harris

Second Grade: Max Bryant, Jeremiah Clifford, Connor Sipprell, Katy Kelly

Third Grade: Jayda Vaughn, Stephanie Osorio-Gomez, Riley Battin, Josh Sharpless

Fourth Grade: Taylor Montoro, Gavin Homnack, Faith Owen

Fifth Grade: Emily Chung, Julia Brown, Myles Bryant



Counselor's Corner

Red Ribbon Week is a national campaign to raise awareness about the effects of drugs and alcohol. During Red Ribbon Week, Reeceville Elementary students participated in both classroom and school wide activities to learn about the effects of drugs and alcohol and to show their pledge to stay drug and alcohol free.

It is important for parents and caregivers to continue drug prevention education at home. I encourage parents and caregivers to create an open line of communication with your children about the effects of drugs and alcohol. A trusting relationship can be developed by parents allowing time for their children to ask questions and express their concerns about drugs and alcohol. It is often difficult for children to understand the difference between drug abuse and the legal and responsible consumption of alcohol and medication.

As a caregiver, you can provide opportunities for your children to learn skills that will help them stay drug free. Give your children the opportunity to make decisions independently and praise them when they make good choices. Role play with your children to allow them to practice standing up against peer pressure. Allowing your children to participate in organized activities will encourage discipline and positive social interaction. It is important to give your children support both in school as well as at home.

Kathy Doherty
School Counselor

ARRIVAL AND DISMISSAL PROCEDURES

Parents are reminded that students may not be dropped off at school prior to 8:25 am as there is no one to supervise them.

Students being picked up early must have a note. All early dismissals should be done prior to 2:30 pm.



FALL WEATHER IS HERE



The leaves are falling from the trees. In the early morning, the grass is covered with morning dew. Fall weather is here.

Please dress your child accordingly for outdoor recess.

Reading Olympics News!



Reeceville's Reading Olympics Team is forming. The team spends the school year preparing for the spring competition. Reading Olympics is a county-wide competition in which student teams composed of fourth and fifth graders answer quiz questions about books from a reading list. Our Reeceville team competes with other teams from all over Chester County. Reeceville has established a fine reputation with each team bringing home blue ribbons, and students excited about the books they have read and shared with fellow Reading Olympians.

Joining the Reading Olympics team requires a commitment by children and parents. Students commit to reading 10 books from the Reading Olympics' bibliography and passing Accelerated Reader Comprehension Tests on books read. Our meetings are Wednesday mornings at 7:45 a.m. in the Reeceville library. If you have any questions regarding the Reading Olympics, please contact Mrs. Cloud or Mrs. Viscomi at (610) 383-3785.

REECEVILLE SPIRIT DAYS

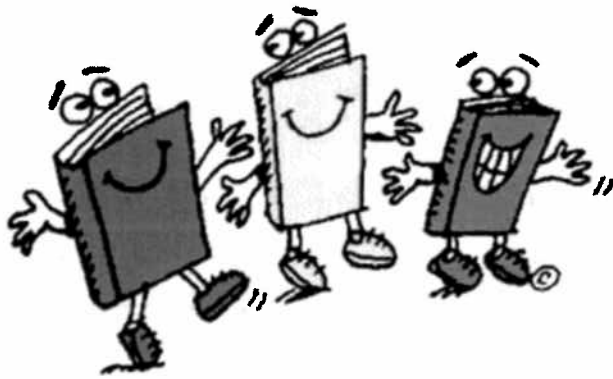
We will be celebrating Reeceville's spirit days on the last Friday of every month. We will announce during the week what the theme of that day will be (i.e. Phillies day, NFL Sports day, crazy tie day, crazy hat day, etc.)

Attendance

A written excuse is necessary whenever a student is absent, arriving late to school, or leaving early from school. The excuse must include:

- Name of Student
- Date(s) of absence/tardiness/early dismissal
- Reason
- Parent/Guardian signature

Absent excuses for full school day(s) must be submitted within two(2) days of the students return to school. Failure to supply an excuse within two(2) days will result in an unlawful absence being recorded for the student.



From the Library Shelves –

Thank you to PTA for renewing our Accelerated Reader Subscription. The following students are our top Star readers from August – October.

1. Seth Tackett
2. Samantha Raby
3. Aidan Brady
4. Jose Boyer
5. Scott Bria
6. Cecily Quackenbush
7. Ava Stanziani
8. Brynn Wolf
9. Matthew Bendowski
10. Xavier McGraw

Congratulations to our STAR readers.

Celebrate Young Readers Week on November 11-15 by reading with your child.

Listen to Mrs. P read a story where the words appear on the screen at

<http://www.mrsp.com>

En espanol and in English help your child succeed at reading at

<http://www.colorincolorado.org>

Elect to read !- Ms. Heller , Librarian

KINDERGARTEN NEWS

October has been a very busy month in Kindergarten. We have been reading, talking, and writing about Families in Language Arts. In Math we have been practicing our number 0-5. In Science we have been observing signs of Fall. Have you been on a nature walk to look for Fall?

We had a great time on our Field Trip to Weaver's Orchard in Morgantown. We took a fun, bumpy hayride to the pumpkin patch and chose our favorite pumpkin. We walked to the apple orchard to learn how apples grow and picked our own apple. We toured the orchard and saw the cider press, the apple sorting machine and the huge refrigerator. We also enjoyed climbing and sliding on the blow-up obstacle course and the big pyramid of hay.

For Fire Prevention week we had a visit from the East Brandywine Fire Co. and learned how to prevent fires along with what to do if we experience one. We met Sparky the dog and Freddie the Fire truck. It was especially funny when Freddie squirted Mr. Buckwash with water!

During Red Ribbon Week we learned to say no to drugs and participated in many fun activities. We searched and found red ribbons around our classroom and school, wore red one day, caps and team shirts on other days and even sported tattoos.

For the month of November we are looking forward to our Fall Festival Parties and our annual Thanksgiving program and feast!

FIRST GRADE NEWS

It seems like First Grade is just flying by this year! We are busy with our reading programs, math, and special area classes. We even have taken our fall field trip. Before you know it, it will be the end of the first trimester. On a cloudy day in October the first grade classes ventured to Lancaster County. We descended upon Cherry Crest Adventure Farm. We thought it was totally awesome! There were myriad of activities to keep us occupied. The wagon ride out to the pumpkin patch was bumpy and filled with anticipation! After selecting the perfect pumpkin, the children went into the pumpkin lab. In the lab they measured their pumpkin and conducted a sink or float experiment. The four first grade classes rotated among the following stations: Bee Buzzings, Critter Connections, and Got Milk...Make Butter! We also had time for lunch and recreation in their "Barnyard". First grade came back to Reeceville tired after their "fun filled learning adventure". November is the time to make sure your child has warm outer wear for our breezy playground! Please make sure your child can zip, tie or buckle his or her warm attire. We look forward to seeing all parents at conferences. Thank you for working together with us so your child continues to do his or her best!

SECOND GRADE NEWS

Reeceville's second graders have been busy learning new skills in all curriculum areas, as well as practicing the skills that were learned previously. In Math, we have been counting money, and we are just beginning Geometry and Fractions. Children will continue to take the timed facts tests to build up their speed. Practicing facts at home will really help to develop automatically.

In Language Arts, the students have learned about Aesop's Fables and practiced identifying the theme in stories. Be sure to ask your child to explain. Students have also been writing and sharing silly and scary stories.

All of the children are looking forward to the Fall Festival and a busy November! Thanks so much to the parents who are planning our celebration.

In December, we will be taking our first field trip. We are going to the Dutch Apple Dinner Theater. Be on the lookout for information which will be arriving home shortly.

Just a reminder, that students go outdoors every day, as long as it doesn't rain. Please be sure that they dress appropriately for the weather. It does get windy on the playground.

The second grade team thanks you for your continued support.

THIRD GRADE NEWS

October really flew by for Reeceville's third grade classes. In Math we have been working on place value, number patterns and rounding, and we have begun working on counting money. Our Math this year is very different from what we did last year, but we are up to the challenge! Some of our classes have 'flipped' Social Studies and Science, so some classes are finished with their Social Studies unit on map skills and are now working on their Water unit in Science. Boy, are we learning a lot! In Language Arts we have been sharpening our skills with fact & opinion, synonyms & antonyms, and main idea and details. We also wrote personal narratives.

On October 28th, we were given a Student Dictionary by the Rotary Club. Since using the dictionary is a skill we are working hard on this marking period, this was a great gift. Thanks, Rotary Club! Remember to dress for the weather and wear jackets, hats, etc. if it is chilly outside. We do go out every day for recess, weather permitting. Just a reminder that our Parent-Teacher conferences will be held on November 25th and 26th. We look forward to meeting with you!

FOURTH GRADE NEWS

As the leaves fall and temperatures plummet, Reeceville's 4th grade continues to be busy filling our minds with knowledge. We have been taking adventures.

We have been enjoying the shared reading passages in our Story Town readers. Words such as: inspecting, taut, untangled, ruffled, and surge have now been added to our Robust Vocabulary. A highlight of our shared literature has involved interesting and exciting stories of Chinese immigrants in the 1800's, Jackie Robinson and his contribution to Black History, and more recently everyone's favorite, Little house on the Prairie. The students have been intrigued by the background knowledge they've gained of the people and events that we've been studying in Language arts.

Math continues to challenge us as we focus on adding and subtracting whole numbers and money, as well as multiplication and division concepts and facts. Our Science classes have been learning about Rocks and Minerals, whereas our Social Studies groups are learning about the landforms, water forms, and natural resources of our great state of Pennsylvania.

We have also switched to our second CORE group as we perfect our writing and literary skills in preparation for PSSA.

FIFTH GRADE NEWS

Over the past month, many of the fifth graders have rolled up their sleeves and gotten their hands dirty completing mixture and solution experiments in science, while other students diligently studied copies of the constitution. Throughout the month each of the classes also examined and identified all of the parts of solid figures in math, identified math patterns and solved algebraic expressions. Students have thoroughly enjoyed the hands-on-cooperative learning environment so far.

Moving forward, please be mindful that we've just past the mid-term marker, so report card time is right around the corner. Please continue to monitor your child's homework, studying and test scores. Fall parties are also coming up on Friday, November 8th, so please continue to send money and/or let us know if you are available to help the day of the party and/or if you are available to donate items.

NEWS FROM YOUR SCHOOL NURSE

Top 10 Tips for Preventing the Spread of Flu

1. Keep your child home from school or day care when he or she is sick.
2. Allow your child to return to school only when fever-free for at least 24 hours.
3. Cover your cough. Cough into your upper sleeve or into a tissue and discard properly.
4. Properly dispose of used tissues and other soiled items, and wash your hands after doing so.
5. Wash hands frequently and regularly, or use hand sanitizers when water is not readily available.
6. Regularly clean and disinfect areas and items likely to have frequent hand contact.
7. Contact your health care provider when your child or other family member is sick with the flu (symptoms include fever, cough, sore throat, runny nose, headache and body aches).
8. If you are not able to stay home with your child, plan ahead for how he or she will be taken care of when sick at home or if school is closed.
9. Have your child vaccinated against the flu every year.
10. Stay informed through www.health.state.pa.us, www.cdc.gov or www.flu.gov.

For questions, call 1-877-PA-HEALTH

.....**UPDATE INFORMATION**.....
**PLEASE UPDATE CONTACT NUMBERS AS NEEDED, IT IS
IMPORTANT TO KEEP IN TOUCH REGARDING YOUR
CHILD'S HEALTH STATUS.**

Borrowed clothes from the nurse:

If your child had to borrow clothes from the nurse's closet, please be kind and launder all items and return them to the school. Thank you.



THE 24 RULE



If your child has a fever, they should be kept home until they have been “fever free” for 24 hours.

If your child has diarrhea, they should be kept home until they have been “diarrhea free” for 24 hours.

If your child has been vomiting, they should be kept home until they have been “vomit free” for 24 hours.

If your child has been diagnosed with STREP THROAT, they should be kept home until they have been on an antibiotic for 24 hours.

If your child has been diagnosed with PINK EYE, they should be kept home until they have been on an antibiotic for 24 hours.

If your child has been diagnosed with an ear infection, they should be kept home until they have been on an antibiotic for 24 hours. Ear infections most times come with a fever and sometimes along with strep throat.

Most, if not all, of the above listed conditions are caused by viruses. If we follow the “**24 RULE**”, this will decrease the unfair contamination of the remaining school population.

PHYSICAL EDUCATION

Also, please help your student remember their sneakers for PE. They can not participate in class without them.

To our female students, please be sure to wear pants on PE days. Dresses and skirts are not appropriate unless there are shorts underneath..

We are working on improving our fitness and trying to be more healthy this year in Reeceville Physical Education. Join us!!

- Amelia Sansalone, Physical Education Teacher



This is an excerpt from ARTSblog. This article was posted by Lisa Philips on November 26th 2012. For the rest of the article or other information please see ARTSblog.

The top 10 Skills Children Learn from the Arts:

1. Creativity – Being able to think on your feet, approach tasks from different perspectives and think 'outside of the box' will distinguish your child from others. In an arts program, your child will be asked to recite a monologue in 6 different ways, create a painting that represents a memory, or compose a new rhythm to enhance a piece of music. If children have practice thinking creatively, it will come naturally to them now and in their future career.

2. Confidence – The skills developed through theater, not only train you how to convincingly deliver a message, but also build the confidence you need to take command of the stage. Theater training gives children practice stepping out of their comfort zone and allows them to make mistakes and learn from them in rehearsal. This process gives children the confidence to perform in front of large audiences.

3. Problem Solving – Artistic creations are born through the solving of problems. How do I turn this clay into a sculpture? How do I portray a particular emotion through dance? How will my character react in this situation? Without even realizing it kids that participate in the arts are consistently being challenged to solve problems. All this practice problem solving develops children's skills in reasoning and understanding. This will help develop important problem-solving skills necessary for success in any career.

4. Perseverance – When a child picks up a violin for the first time, she/he knows that playing Bach right away is not an option; however, when that child practices, learns the skills and techniques and doesn't give up, that Bach concerto is that much closer. In an increasingly competitive world, where people are being asked to continually develop new skills, perseverance is essential to achieving success.

5. Focus – The ability to focus is a key skill developed through ensemble work. Keeping a balance between listening and contributing involves a great deal of concentration and focus. It requires each participant to not only think about their role, but how their role contributes to the big picture of what is being created. Recent research has shown that participation in the arts improves children's abilities to concentrate and focus in other aspects of their lives.

6. Non-Verbal Communication – Through experiences in theater and dance education, children learn to breakdown the mechanics of body language. They experience different ways of moving and how those movements communicate different emotions. They are then coached in performance skills to ensure they are portraying their character effectively to the audience.

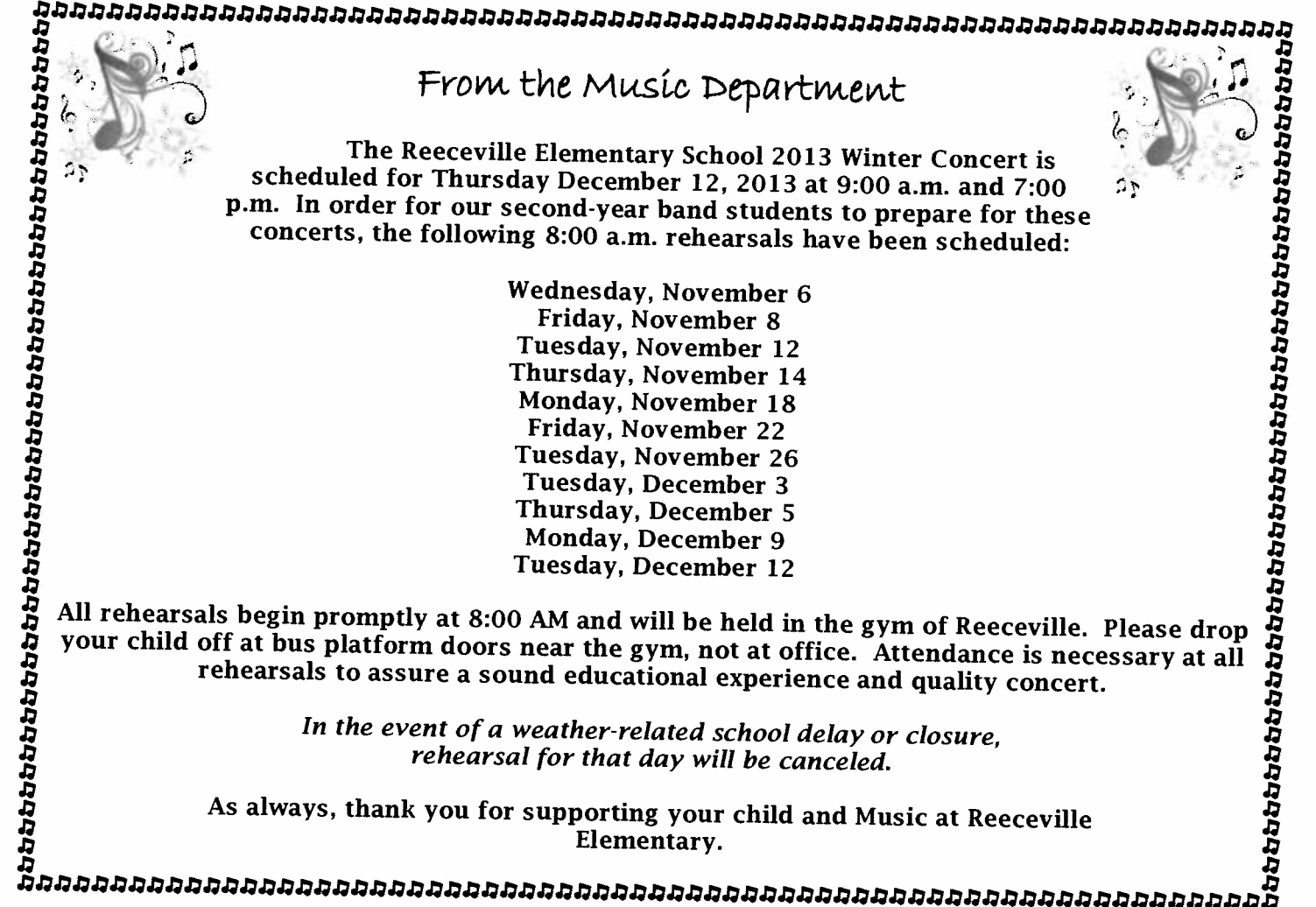


7. Receiving Constructive Feedback – Receiving constructive feedback about a performance or visual art piece is a regular part of any arts instruction. Children learn that feedback is part of learning and it is not something to be offended by or to be taken personally. It is something helpful. The goal is the improvement of skills and evaluation is incorporated at every step of the process. Each arts discipline has built in parameters to ensure that critique is a valuable experience and greatly contributes to the success of the final piece.

8. Collaboration – Most arts disciplines are collaborative in nature. Through the arts, children practice working together, sharing responsibility, and compromising with others to accomplish a common goal. When a child has a part to play in a music ensemble, or a theater or dance production, they begin to understand that their contribution is necessary for the success of the group. Through these experiences children gain confidence and start to learn that their contributions have value even if they don't have the biggest role.

9. Dedication – When kids get to practice following through with artistic endeavors that result in a finished product or performance, they learn to associate dedication with a feeling of accomplishment. They practice developing healthy work habits of being on time for rehearsals and performances, respecting the contributions of others, and putting effort into the success of the final piece. In the performing arts, the reward for dedication is the warm feeling of an audience's applause that comes rushing over you, making all your efforts worthwhile.

10. Accountability – When children practice creating something collaboratively they get used to the idea that their actions affect other people. They learn that when they are not prepared or on-time, that other people suffer. Through the arts, children also learn that it is important to admit that you made a mistake and take responsibility for it. Because mistakes are a regular part of the process of learning in the arts, children begin to see that mistakes happen. We acknowledge them, learn from them and move on.



From the Music Department

The Reeceville Elementary School 2013 Winter Concert is scheduled for Thursday December 12, 2013 at 9:00 a.m. and 7:00 p.m. In order for our second-year band students to prepare for these concerts, the following 8:00 a.m. rehearsals have been scheduled:

Wednesday, November 6
Friday, November 8
Tuesday, November 12
Thursday, November 14
Monday, November 18
Friday, November 22
Tuesday, November 26
Tuesday, December 3
Thursday, December 5
Monday, December 9
Tuesday, December 12

All rehearsals begin promptly at 8:00 AM and will be held in the gym of Reeceville. Please drop your child off at bus platform doors near the gym, not at office. Attendance is necessary at all rehearsals to assure a sound educational experience and quality concert.

*In the event of a weather-related school delay or closure,
rehearsal for that day will be canceled.*

As always, thank you for supporting your child and Music at Reeceville Elementary.

FROM YOUR CAFETERIA STAFF....

The children are doing a great job with their pin number!

Parents, please remind your children if they have lunch or snack money to bring it to the cafeteria in the morning with their first and last name on envelope.

No money will be accepted during the lunch periods.

Students in grade 3rd through 5th will be able to purchase snacks as long as they have money in their lunch account. Please keep your child's account up to date.

We will send home a notice home when they owe money.
Notices will come home twice a week.

Parents, please review the menu with your children.
Let them pick out days when they would like to buy!

We offer a full breakfast every morning for just \$1.00!
You can't beat it!



Your Reeceville Cafeteria Staff

November is National Epilepsy Awareness Month
By Drew Steiner, Reeceville Elementary, 4th Grade

“Mom, where am I?”

“You’re in the hospital Drew, you had a seizure.”

It was Mother’s Day 1994, and about an hour earlier I was sitting in the grass in our backyard telling my mother that I didn’t know what was going on. It’s hard to explain the overwhelming feeling of fear, euphoria and déjà-vu that came upon me so quickly.

Describing what happened to me that day is very difficult. It’s been more than 18 years now and that was the first of more than 20 grand mal seizures that I’ve had. My seizures have never been localized, despite numerous tests, visits to neurologists, extended stays in the hospital for testing and too many different medications to count.

I have what doctors call “intractable epilepsy” — seizures that are “too strong” to be controlled by medication or eventually become intolerant of medication. I am one of those cases that leave the neurologists perplexed.

November is National Epilepsy Awareness Month and I want to share a bit of my story. I have been a fourth grade teacher at Reeceville Elementary School, Coatesville, for the past 10 years.

This year I have a student who had very much the same hospital experience I had 18 years ago. For Angelina Acampora, it started this summer. Like any other medical condition, Angelina and her family are now looking for the best way to deal with this new diagnosis.

“I was embarrassed the time I had a seizure at school. I sometimes worry about being different than my peers. I feel like I can’t do anything without being worried that I’m going to have a seizure or get hurt,” Angelina said.

“I get frustrated because I’m not allowed to do things by myself,” she said. “I’m mostly upset about my situation. I would tell other kids that have seizures that we’ll get through it even though it’s hard.”

The problem is growing. Take a look at these statistics, provided by the Epilepsy Foundation, Landover, Md.:

- Approximately 200,000 new cases of seizures and epilepsy occur in the United States each year.
- One out of 10 Americans will experience a seizure in his/her lifetime.
- Epilepsy affects more than three million Americans of all ages – more than multiple sclerosis, cerebral palsy, muscular dystrophy and Parkinson’s disease combined. It affects more than 65 million people worldwide.
- The number of epilepsy cases in the elderly in the U.S. is climbing as the baby boomers reach retirement age. More than 570,000 adults age 65 and older have the condition.
- Returning war veterans are also affected as studies show an increased risk of developing epilepsy following traumatic brain injury.

Epilepsy is not a “one-size-fits-all” problem. It can look, feel and act differently indifferent people. It is much more common than previously thought and is one of the more common neurological problems affecting people of all ages. Seizures vary from a momentary disruption of the senses, to short periods of unconsciousness or staring spells, to convulsions.

Some people have just one type of seizure. Others have more than one type. Although they look different, all seizures are caused by a sudden change in how the cells of the brain send electrical signals to each other. Epilepsy is a physical disorder, not a mental disorder. It can be caused by anything that affects the brain, including tumors and strokes. Often, no cause can be found.

During my first year teaching I had a grand mal in the middle of the school day. Fortunately, it was during a class party and my wife was present and knew what to do. Every year the Epilepsy Foundation comes to speak to my class to educate about seizure care.

My experience over the years is that the general public knows very little about what seizures are and how to respond. Educators especially can be on the frontlines of recognizing small signs of seizure activity that a child may be having. Being aware and well-informed can help make a difference.

This school year has been a very special one. I find myself on the other side of the seizure issue. For years, I’ve been helped and encouraged by others, and now I have the opportunity to return that help and encouragement to Angelina.

For all the people who live with epilepsy every day, please become seizure smart. You can start by taking the quiz found on the web site www.GetSeizureSmart.org.

November 2013 - GET NUTRITIOUS and try this recipe as a family!!

Fall in Love with Oranges



Autumn is all about the oranges – pumpkins, butternut squash, sweet potatoes, carrots... These vegetables have more than just their color in common; they're all packed full of **Vitamin A**, an important vitamin that **helps to boost the immune system, prevent eye problems and is essential for healthy skin** as well as growth and development of cells. Vitamin A has also been linked to the prevention of some types of cancer!

Highlight – The Sweet Potato

This amazing root vegetable **contains tons of infection-fighting vitamins**, with 438% of your daily value. While it contains a high percentage of the vitamins you need to sustain a healthy diet, it is also delicious!

Love French fries but have a hard time fitting them into your diet? Check out this amazing, low calorie and vegan recipe for Rosemary Sweet Potato Wedges and fulfill your desire for the savory treat.

Recipe – Rosemary Sweet Potato Wedges

- 2 tablespoons of buttery spread or margarine
- 2 tablespoons of olive oil
- 1 tablespoon of chopped fresh rosemary (or 2 tablespoons dried)
- 3 medium, organic sweet potatoes
- 1 teaspoon sea salt
- 2 teaspoons minced garlic
- ¼ teaspoon of freshly ground black pepper

Directions

1. Preheat the oven to 450° F.
2. Melt buttery spread with the olive oil in a small saucepan over medium heat – stir in the rosemary and garlic.
3. Cut sweet potatoes in about 1 ½ inch-thick wedges and season with sea salt, pepper and buttery mixture.
4. Arrange the potato wedges on a large baking sheet on one layer.
5. Place wedges on the top rack of the oven and bake for about 20 minutes, turning once about halfway through.
6. Serve hot



Photos with Santa

**Come join us to get your photo taken with Santa,
do crafts and have refreshments!**

When: December 5, 2012

Time: 5-7 pm

Where: High School Large Group Room

Cost: \$2 or two canned goods

REECEVILLE REPORTER

If you know of a parent who is not receiving the Reeceville Reporter via email and would like to, please have them complete the section below and return to Mrs. Hills in the main office.

Student's Name: _____ Parent's Name: _____

Grade: _____ Teacher: _____

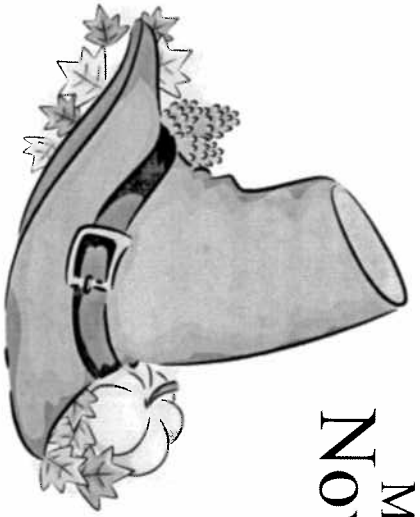
Email Address: _____

(Please write legible)

Menus for November 2013

Coatesville Area
School District
ELEMENTARY

MENU SUBJECT TO
CHANGE



Friday, November 1

Breakfast
Banana Muffin w/
String Cheese
or Cereal Asst. w/
String Cheese
100% Apple Juice
Milk Variety

Lunch
4x6 Pizza
or PB&J w/String
Cheese
or Salad w/Turkey &
Cheese
w/Wheat Dinner Roll
Steamed Broccoli
Baby Carrots

Monday, November 4

Breakfast
Blueberry Muffin w/
String Cheese
or Cereal Asst. w/
String Cheese
100% Apple Juice
Milk Variety

Lunch
Max Cheese Sticks w/
Marinara Sauce
or PB&J w/String
Cheese
or Yogurt Delight
Baby Carrots
Peas & Carrots
Fresh Apple Slices

WHAT MAKES A TEACHER FUN?

A GREAT TEACHER!

Please join us in saying thanks to our teachers during American Education Week November 18-22!

Tuesday, November



NO SCHOOL TODAY

Make sure your family votes!

Tuesday, November

Breakfast
Mini Maple Waffles
or Cereal Asst. w/
Yogurt
100% Orange Juice
Milk Variety

Lunch
Chicken Sticks w/
Wheat Dinner Roll
or PB&J w/String
Cheese
or Turkey & Cheese
Sandwich
Lettuce & Tomato Cup
Potato Wedges
Fruit Cocktail

Wed., November 6

Breakfast
Bagel w/Cream
Cheese
or Cereal Asst. w/
String Cheese
100% Fruit Punch
Milk Variety

Lunch
Spaghetti & Meatballs
or PB&J w/String
Cheese
or Yogurt Delight
Steamed Carrots
Green Beans
Fresh Orange Halves
Pears

Thursday, November

Breakfast
Cinnamon Roll
or Cereal Asst. w/
Yogurt
100% Grape Juice
Milk Variety

Lunch
Cheeseburger
or PB&J w/String
Cheese
or Chef Salad w/
Wheat Dinner Roll
Baked Beans
Sliced Cucumbers w/
Ranch Dressing
Fresh Apple Slices

First things First

BREAKFAST @ SCHOOL

For More Choices Learning!

NUTRITION 101

Where's the fat hiding in a Thanksgiving meal? A cup of stuffing contains 18 grams of fat, 4 of which are saturated. That's a third of the recommended daily maximum for both, and some of us eat FAR more than a cup! Surprisingly, a cup of gravy contains only 3-5 grams of fat. A little dressing's fine for special meals, but try not to overdo it.

EAT HEALTHY MONSIEUR FOR PARTIES

Wed., November 13

Breakfast
Cinnamon Toast w/
String Cheese
or Cereal Asst. w/
String Cheese
100% Fruit Punch
Milk Variety

Lunch
Meatball Sandwich
or PB&J w/String
Cheese
or Yogurt Delight
Baby Carrots
Sweet Potato Gems
Fresh Orange Halves
Pears

Thursday, November

Breakfast
Apple Frudel
or Cereal Asst. w/
Yogurt
100% Grape Juice
Milk Variety

Lunch
TACO
or PB&J w/String
Cheese
or Salad w/Turkey &
Cheese
w/Wheat Dinner Roll
Refried Beans
Sliced Cucumbers w/
Ranch Dressing

Friday, November 8

Breakfast
Double Chocolate
Muffin
w/String Cheese
or Cereal Asst. w/
String Cheese
100% Apple Juice
Milk Variety

Lunch
Pepperoni Pizza
Wedge
or PB&J w/String
Cheese
or Chef Salad w/
Wheat Dinner Roll
Baby Carrots

Friday, November 15

Breakfast
Banana Muffin w/
String Cheese
or Cereal Asst. w/
String Cheese
100% Apple Juice
Milk Variety

Lunch
Cheese Crunchers
or PB&J w/String
Cheese
or Salad w/Turkey &
Cheese
w/Wheat Dinner Roll
Steamed Broccoli
Baby Carrots

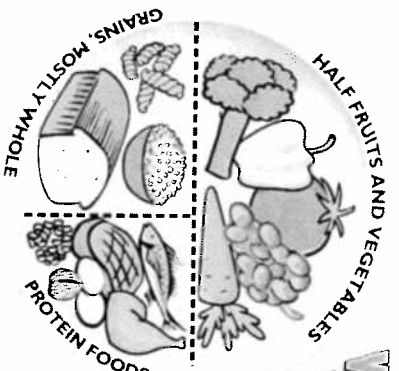
Monday, November

Breakfast
Cheese Streusel
Muffin
w/String Cheese
or Cereal Asst. w/
String Cheese
100% Apple Juice
Milk Variety

Lunch
Toasted Cheese
Sandwich
or PB&J w/String
Cheese
or Yogurt Delight
Baby Carrots
Celery Sticks

A Note from the Students who qualify for a free or reduced-price lunch automatical

What's on YOUR plate?



Center of Attention!

Turkey is the star attraction on many Thanksgiving tables -- and this tasty bird is a nutrition star, too! Three ounces of turkey breast (without skin) contains just 88 calories, 1 1/2 grams of fat, almost no saturated fat, and a whopping 14 grams of protein!



It's worth searching for high-quality, nutritious food like turkey. Can you find your way to the smiling turkey at the center of the maze?

Monday, November

- Breakfast**
 Blueberry Muffin w/ String Cheese or Cereal Asst. w/ String Cheese
Lunch
 Cheese Quesadilla or PB&J w/String Cheese
 or Yogurt Delight
 Green Beans
 Baby Carrots
 Fresh Apple Slices
 Peaches

Tuesday, November

- Breakfast**
 Mini Maple Pancakes or Cereal Asst. w/ Yogurt
 100% Orange Juice
Lunch
 Chicken Nuggets w/Wheat Dinner Roll or PB&J w/String Cheese
 or Turkey Ham & Cheese Sandwich
 Lettuce & Tomato Cup
 Seasoned Peas
 Fruit Cocktail

Wed., November 20

- Breakfast**
 Bagel & Cream Cheese
 or Cereal Asst. w/ String Cheese
 100% Fruit Punch
Lunch
 Sloppy Joe or PB&J w/String Cheese
 or Yogurt Delight
 Baby Carrots
 French Fries
 Fresh Orange Halves
 Peas

Monday, November

- Breakfast**
 Cheese Streusel Muffin
 w/String Cheese or Cereal Asst. w/ String Cheese
 100% Apple Juice
Lunch
 Cheese Ravioli w/ Tomato Sauce & Breadstick or PB&J w/String Cheese
 or Yogurt Delight
 Baby Carrots

Tuesday, November

- Breakfast**
 Mini Maple Waffles or Cereal Asst. w/ Yogurt
 100% Orange Juice
Lunch
 Popcorn Chicken & Wheat Dinner Roll or PB&J w/String Cheese
 or Turkey & Cheese Sandwich
 Sweet Corn
 Lettuce & Tomato Cup
 Fruit Cocktail



OUR NATION'S HISTORY

★ **W**estminster Abbey in London, England -- site of royal weddings and the place where British kings and queens are crowned -- was once also the site of an American Thanksgiving service. In November 1942, thousands of American soldiers were stationed in England to prepare for the invasion of France in World War II. For the first time in 900 years, control of the Abbey was given over to outsiders, and more than 3,000 American soldiers crowded into the Abbey for the service, which also featured a large American flag!

★ *With Liberty & Justice for All* ★

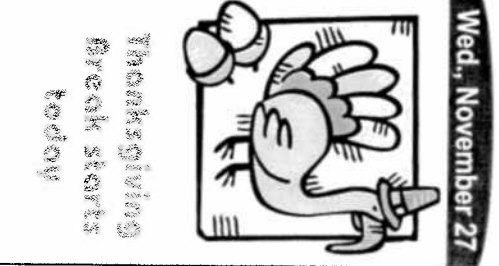


Thursday, November

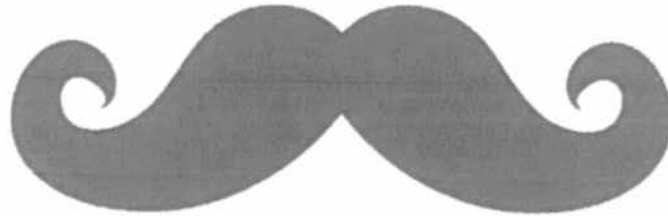
- Breakfast**
 Cinnamon Roll or Cereal Asst. w/ Yogurt
 100% Grape Juice
Lunch
 "Thanksgiving Feast"
 Roast Turkey w/ Stuffing
 Mashed Potatoes
 Seasoned Green Beans
 Fresh Apple Slices
 Cranberry Sauce

Friday, November 22

- Breakfast**
 Double Chocolate Muffin
 w/String Cheese or Cereal Asst. w/ String Cheese
 100% Apple Juice
Lunch
 Max Cheese Pizza or PB&J w/String Cheese
 or Salad w/Turkey Ham & Cheese
 Baby Carrots
 Caesar Salad



It would tickle our
WHISKERS



If you would
COMB OVER
to our Read Across America Celebration
and visit

ILLUSTRATOR LEE HARPER

FRIDAY, FEBRUARY 28TH AT 6:00PM
CASH CAMPUS 11/12 BUILDING

**PLEASE RSVP WITH THE BOOK TITLES YOU WOULD
LIKE TO PREPURCHASE AND HAVE SIGNED.
SEE THE BACK OF THIS FLYER.**

*All checks to be made out to CATL.
Return all forms to your school office by 12/13/2013.*

**INQUIRIES MAY BE SENT TO TRACI TURRY
TURRYT@COATESVILLE.K12.PA.US**

Lee Harper Order Form

Below are the titles from which you may purchase.

All orders must be turned in by December 13th to your school's office.

Checks must be made payable to CATA.

*Books can be picked up at the Read Across America Celebration Friday
February 28th between 6 & 8 pm.*



| <i>Title</i> | <i>Price</i> | <i>How many?</i> |
|----------------------------|----------------|------------------|
| The Emperor's Cool Clothes | \$16.99 | |
| Snow! Snow! Snow! | \$14.99 | |
| Turkey Claus | \$16.99 | |
| Turkey Trouble | \$15.99 | |
| Woolbur | \$17.99 | |
| Total | \$ | # |

Student Name: _____

Student Home School: _____

Name to be signed to: (please write clearly):

Phone Number if needed: _____